

High Performance CPR (HP-CPR) Train the Trainer Course Objectives

Prerequisite: Completion of HP-CPR Course

Overall Objective: *Develop familiarity and confidence acting in Coaching and Lead roles while using resuscitation equipment and resources.*

Using the HP-CPR Course structure and equipment:

Review/discuss key elements of HP-CPR, course structure, Pod management and resources, practice Pod Coach and Lead Instructor roles, give and receive feedback, and reflect and discuss the differences between participant, Lead and Pod Coach.

1. Review/Discuss Course Structure, Pod Management, Equipment and Resources:

- 1.1 Culture, Science and Performance
- 1.2 Positions/roles
- 1.3 Pod Management
- 1.4 Equipment
- 1.5 Resources

2. Practice roles of Participant, Pod Coach and Lead Presenter:

- 2.1 Participant
 - 2.1.1 Demonstrate positive attitude
 - 2.1.2 Interact in constructive, respectful, professional manner
 - 2.1.3 Self-reflect on personal insights and performance
 - 2.1.4 Continuously evaluate Team HP-CPR performance
 - 2.1.5 Give and receive peer feedback/coaching
 - 2.1.6 Provide honest, constructive feedback to practice Coaches and Leads
- 2.2 Pod Coach
 - 2.2.1 Review module instructions with participants
 - 2.2.2 Organize participants to perform module skills
 - 2.2.3 Continuously evaluate team HP-CPR performance
 - 2.2.4 Encourage peer feedback/coaching
 - 2.2.5 Model coaching skills
- 2.3 Lead Presenter
 - 2.3.1 Introduce Module
 - 2.3.2 Show video(s)
 - 2.3.3 Provide instructions to Pods
 - 2.3.4 Stay on timeline
 - 2.3.5 Reconvene Pods
 - 2.3.6 Re-emphasize key points

2.3.7 Lead short reflection/discussion

3. Complete Course Evaluation

Notes: