



## What do you need to get started?

Depending on how you choose to take the assessment, it will require anywhere from 15-30 minutes to complete.

You can speed the process and increase the value of your results report by having the following information readily available:

1. Population for your response area.
2. Average response time for the first arriving unit staffed with EMS personnel. This is the interval of time from alert to arrival on scene.
3. Annual number of cardiac arrests (defined as having received CPR by EMS personnel).
4. Annual number of cardiac arrests survived to discharge from all rhythms.
5. Annual number of VF cases, including all cases where the patient presents in a shockable rhythm.
6. Annual number of VF cases discharged alive (if unknown, use all cases of VF).
7. Percentage of cardiac arrests that receive bystander CPR.
8. Percentage of cardiac arrests receiving public AED prior to arrival of EMS or police.

If some of this information is inaccessible or unknown, the assessment tool provides the option to use national average data. Note that you can update any fields with your system's data at any time.



**RESUSCITATION ACADEMY**

Improving cardiac arrest survival rates, one community at a time